## Excel Cornerstones Session 01: Navigation

| Session Agenda | Running T | tal (Min) | 120 |
| :---: | :---: | :---: | :---: |
| \# Activity | Start <br> Time | End Time | Duration <br> (Min) |
| 1 Initial Joining Grace Period | 12:00 PM | 12:05 PM | 5 |
| 2 Welcome \& Intro | 12:05 PM | 12:10 PM | 5 |
| 3 Questions for the chat | 12:10 PM | 12:15 PM | 5 |
| 4 Excel Challenge - I explain | 12:15 PM | 12:20 PM | 5 |
| 5 Excel Challenge - You do the challenge | 12:20 PM | 12:25 PM | 5 |
| 6 Excel Challenge - I teach you the secret | 12:25 PM | 12:30 PM | 5 |
| 7 Excel Challenge - You do the challenge again | 12:30 PM | 12:35 PM | 5 |
| 8 Excel Challenge - We review the impact over time | 12:35 PM | 12:40 PM | 5 |
| 9 Housekeeping / Navigation Foundational Principles | 12:40 PM | 12:50 PM | 10 |
| 10 Exercise A: I Demo | 12:50 PM | 1:05 PM | 15 |
| 11 START BREAKOUT ROOMS - 1 PERSON PER ROOM |  |  |  |
| 12 Exercise A: You Do | 1:05 PM | 1:20 PM | 15 |
| 13 END BREAKOUT ROOMS |  |  |  |
| 14 Exercise A: We Review | 1:20 PM | 1:35 PM | 15 |
| 15 START BREAKOUT ROOMS - 2 PEOPLE PER ROOM |  |  |  |
| 16 Breakout in pairs | 1:35 PM | 1:40 PM | 5 |
| 17 END BREAKOUT ROOMS |  |  |  |
| 18 Conclusion: Recap, Parting Words, HW | 1:40 PM | 1:45 PM | 5 |
| 19 Q\&A / Buffer Time | 1:45 PM | 1:55 PM | 10 |
| 20 End Early | 1:55 PM | 2:00 PM | 5 |

## Exercise Instructions:

1 Complete all the exercises (including BONUS questions if applicable) WITHOUT focusing on efficiency.
2 Redo the exercises (unhide tabs) with a focus on using the keyboard as much as possible and finding the most efficient solution (fewest number of steps).
3 Practice the most efficient solutions several times.
4 Brainstorm how to apply what you've learned at your job or your current project.
5 Identify 1 or 2 people to teach what you have learned.

## Excel Cornerstones Session 02: Formatting

| Session Agenda | Running Total (Min) |  | 120 |
| :---: | :---: | :---: | :---: |
| \# Activity | Start Time | End Time | Duration (Min) |
| 1 Initial Joining Grace Period | 12:00 PM | 12:05 PM | 5 |
| 2 Welcome \& Sharing Impact of Learnings | 12:05 PM | 12:10 PM | 5 |
| 3 Formatting Foundational Principles | 12:10 PM | 12:14 PM | 4 |
| 4 Questions for the chat | 12:14 PM | 12:15 PM | 1 |
| 5 Demo Preamble | 12:15 PM | 12:20 PM | 5 |
| 6 Exercise A: I Demo | 12:20 PM | 12:30 PM | 10 |
| 7 START BREAKOUT ROOMS - 1 PERSON PER ROOM |  |  |  |
| 8 Exercise A: You Do | 12:30 PM | 12:45 PM | 15 |
| 9 END BREAKOUT ROOMS |  |  |  |
| 10 Exercise A: We Review | 12:45 PM | 1:00 PM | 15 |
| 11 Exercise B: I Demo | 1:00 PM | 1:10 PM | 10 |
| 12 START BREAKOUT ROOMS - 1 PERSON PER ROOM |  |  |  |
| 13 Exercise B: You Do | 1:10 PM | 1:25 PM | 15 |
| 14 END BREAKOUT ROOMS |  |  |  |
| 15 Exercise B: We Review | 1:25 PM | 1:40 PM | 15 |
| 16 START BREAKOUT ROOMS - 2 PEOPLE PER ROOM |  |  |  |
| 17 Breakout in pairs | 1:40 PM | 1:45 PM | 5 |
| 18 END BREAKOUT ROOMS |  |  |  |
| 19 Conclusion: Recap, Parting Words, HW | 1:45 PM | 1:50 PM | 5 |
| 20 Q\&A / Buffer Time | 1:50 PM | 1:55 PM | 5 |
| 21 End Early | 1:55 PM | 2:00 PM | 5 |

## Exercise Instructions:

1 Complete all the exercises (including BONUS questions if applicable) WITHOUT focusing on efficiency.
2 Redo the exercises (unhide tabs) with a focus on using the keyboard as much as possible and finding the most efficient solution (fewest number of steps).
3 Practice the most efficient solutions several times.
4 Brainstorm how to apply what you've learned at your job or your current project.
5 Identify 1 or 2 people to teach what you have learned.

## Excel Cornerstones Session 03: Formula Fundamentals

| Session Agenda | Running Total (Min) |  | 120 |
| :---: | :---: | :---: | :---: |
| \# Activity | Start Time | End <br> Time | Duration (Min) |
| 1 Initial Joining Grace Period | 12:00 PM | 12:05 PM | 5 |
| 2 Welcome \& Sharing Impact of Learnings | 12:05 PM | 12:10 PM | 5 |
| 3 Formula Foundational Principles | 12:10 PM | 12:14 PM | 4 |
| Questions for the chat | 12:14 PM | 12:15 PM | 1 |
| Demo Preamble | 12:15 PM | 12:20 PM | 5 |
| Exercise A: I Demo | 12:20 PM | 12:30 PM | 10 |
| START BREAKOUT ROOMS - 1 PERSON PER ROOM |  |  |  |
| 8 Exercise A: You Do | 12:30 PM | 12:45 PM | 15 |
| 9 END BREAKOUT ROOMS |  |  |  |
| 10 Exercise A: We Review | 12:45 PM | 1:00 PM | 15 |
| 11 Exercise B: I Demo | 1:00 PM | 1:10 PM | 10 |
| 12 START BREAKOUT ROOMS - 1 PERSON PER ROOM |  |  |  |
| 13 Exercise B: You Do | 1:10 PM | 1:25 PM | 15 |
| 14 END BREAKOUT ROOMS |  |  |  |
| 15 Exercise B: We Review | 1:25 PM | 1:40 PM | 15 |
| 16 START BREAKOUT ROOMS - 2 PEOPLE PER ROOM |  |  |  |
| 17 Breakout in pairs | 1:40 PM | 1:45 PM | 5 |
| 18 END BREAKOUT ROOMS |  |  |  |
| 19 Class Evaluation | 1:45 PM | 1:50 PM | 5 |
| 20 Conclusion: Recap, Parting Words, HW, Hot Seats | 1:50 PM | 1:55 PM | 5 |
| 21 End Early | 1:55 PM | 2:00 PM | 5 |
| Exercise Instructions: |  |  |  |
| 1 Complete all the exercises (including BONUS questions if applicable) WITHOUT focusing on efficiency. |  |  |  |
| 2 Redo the exercises (unhide tabs) with a focus on using the keyboard as much as possible and finding the most efficient solution (fewest number of steps). |  |  |  |
| 3 Practice the most efficient solutions several times. |  |  |  |
| Brainstorm how to apply what you've learned at your job or your current project.Identify 1 or 2 people to teach what you have learned. |  |  |  |
|  |  |  |  |

## Excel Cornerstones Session 04: Q\&A

| Session Agenda | Running Total (Min) |  | 60 |
| :---: | :---: | :---: | :---: |
| \# Activity | Start <br> Time | End <br> Time | Duration (Min) |
| 1 Initial Joining Grace Period | 12:00 PM | 12:05 PM | 5 |
| 2 Welcome \& Sharing Impact of Learnings | 12:05 PM | 12:10 PM | 5 |
| 3 Specific questions, or topics to review | 12:10 PM | 12:15 PM | 5 |
| 4 Hot Seat 1 | 12:15 PM | 12:25 PM | 10 |
| 5 Hot Seat 2 | 12:25 PM | 12:35 PM | 10 |
| 6 Hot Seat 3 | 12:35 PM | 12:45 PM | 10 |
| 7 Conclusion: Recap \& Final Parting Words | 12:45 PM | 12:50 PM | 5 |
| 8 Q\&A / Buffer Time | 12:50 PM | 12:55 PM | 5 |
| 9 End Early | 12:55 PM | 1:00 PM | 5 |

