

## ExcelShir Excel Ignite - EXCEL Keyboard Shortcuts for PC & MAC (Session 1)

ID	Topic	Sub-Topic	Description	PC Shortcut	MAC Shortcut
1	Navigation	Catapult & Schlep	Expand Selection of Cells	SHIFT + ARROWS	SHIFT + ARROWS
2	Navigation	Catapult & Schlep	Catapult to Next or Last Non-Empty Cell	CTRL + ARROWS	CMD + ARROWS
3	Navigation	Catapult & Schlep	Catapult & Select to Next or Last Non-Empty Cell	CTRL + SHIFT + ARROWS	CMD + SHIFT + ARROWS
4	Navigation	Switch Tabs	Move to Next Worksheet (tab)	CTRL + PgDn	OPT + →
5	Navigation	Switch Tabs	Move to Previous Worksheet (tab)	CTRL + PgUp	OPT + ←
6	Navigation	First & Last Cell	Move to First Cell of Worksheet	CTRL + Home	fn + CTRL + ←
7	Navigation	First & Last Cell	Move to Last Cell of Worksheet	CTRL + End	fn + CTRL + →
8	Navigation	Cols & Rows	Select Entire Column	CTRL + SPACE	CTRL + SPACE
9	Navigation	Cols & Rows	Select Entire Row	SHIFT + SPACE	SHIFT + SPACE
10	Navigation	Insert & Delete	Insert Cell(s) & Shift Right (based on selection)	CTRL + SHIFT + + (plus) + I + ENTER	CTRL + SHIFT + + (plus) + ARROWS + RETURN
11	Navigation	Insert & Delete	Insert Cell(s) & Shift Down (based on selection)	CTRL + SHIFT + + (plus) + D + ENTER	CTRL + SHIFT + + (plus) + ARROWS + RETURN
12	Navigation	Insert & Delete	Insert Column(s) (based on selection)	CTRL + SHIFT + + (plus) + C + ENTER	CTRL + SHIFT + + (plus) + ARROWS + RETURN
13	Navigation	Insert & Delete	Insert Row(s) (based on selection)	CTRL + SHIFT + + (plus) + R + ENTER	CTRL + SHIFT + + (plus) + ARROWS + RETURN
14	Navigation	Insert & Delete	Delete Cell(s) & Shift Up (based on selection)	CTRL + - (minus) + U + ENTER	CTRL + - (minus) + ARROWS + RETURN
15	Navigation	Insert & Delete	Delete Cell(s) & Shift Left (based on selection)	CTRL + - (minus) + L + ENTER	CTRL + - (minus) + ARROWS + RETURN
16	Navigation	Insert & Delete	Delete Column(s) (based on selection)	CTRL + - (minus) + C + ENTER	CTRL + - (minus) + ARROWS + RETURN
17	Navigation	Insert & Delete	Delete Row(s) (based on selection)	CTRL + - (minus) + R + ENTER	CTRL + - (minus) + ARROWS + RETURN
18	Misc	Help	Show Help Window	F1	F1

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Additional Resources: <https://excelshir.com/resources>